A 51-year-old man in generally good health complained of chronic difficulty with insomnia. Although he experienced no problem falling asleep, for the last 17 years he had routinely awoken at about 2:30 a.m after 4 h of slumber and was consistently unable to return to sleep. As a result of sleep deprivation, he experienced constant fatigue, often falling asleep at various intervals during the day. While on holiday in their mobile home, however, the patient enjoyed improved sleep, causing his physician to attribute the insomnia to job stress. Numerous therapies had been unsuccessful including counselling, relaxation techniques, benzodiazepine medication, acupuncture and various nutritional supplements. Microsurge meter assessment in the patient’s bedroom revealed power surges reaching 1600 GS units (safe levels reported as <30 GS units). Filtration of dirty electricity reduced levels to under 30 GS units, and the patient noticed a dramatic and consistent improvement in sleep patterns within 1 week.


Note: Electro-sensitive people have reported sensitivities with readings as low as 27 on the Microsurge Meter. However, medium or even low Microsurge Meter readings should not be interpreted as a guarantee that there is no harmful health impact. Only a medical expert can determine that. Caution is required as some harmful health effects of high frequency energy on humans appear to be cumulative, and possibly non-reversible.